

CENTRAL ISLIP SOCCER

COACHES / REFEREES GUIDELINES

InterLeague

	<u>U5</u>	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13+</u>
Length of Game	40 mins	40 mins	40 mins	50 mins	50 mins	50 mins	60 mins	60 mins	70 mins
Period	Quarter	Quarter	Quarter	Halves	Halves	Halves	Halves	Halves	Halves
Qtr Break	3 mins	3 mins	3 mins	N/A	N/A	N/A	N/A	N/A	N/A
Half Break	10 mins	10 mins	10 mins	10 mins	5 mins	5 mins	5 mins	5 mins	5 mins
Ball Size	3	3	3	4	4	4	4	4	5
Players on Field	4 v 4	4 v 4	6 v 6	8 v 8	8 v 8	8 v 8	11 v 11	11 v 11	11 v 11
Substitution	Any Time	Any Time	Any Time	Any Time	Any Time	Any Time	Any Time	Any Time	Any Time
HandBall	NO	NO	BLATANT	YES	YES	YES	YES	YES	YES
Pushing Foul	YES	YES	YES	YES	YES	YES	YES	YES	YES
Throw-ins	YES	YES	YES	YES	YES	YES	YES	YES	YES
Improper Throw -in	Retaken	Retaken	Retaken	Retaken	Lost Possession				
Corner Kicks	Throw -in from Corner		YES	YES	YES	YES	YES	YES	YES
Game Refereed	Coach		YES	YES	YES Dual Referee System				
Slide Tackling Direct Free Kick Awarded. On 2nd Offense a RED card could be issued.	NO	NO	NO	NO	NO	NO	NO	NO	NO
Six Seconds Goalie Rule	NO	NO	NO	YES	YES	YES	YES	YES	YES
5 Goal Rules	YES	YES	YES	YES	YES	YES	YES	YES	YES
Off-Side (Interleague coach should always check with referee)	NO	NO	NO	NO	YES	YES	YES	YES	YES
Goalie	NO	NO	YES	YES	YES	YES	YES	YES	YES
Equipments	Shin Guards	Shin Guards	Shin Guards	Shin Guards	Shin Guards	Shin Guards	Shin Guards	Shin Guards	Shin Guards
	Practice and Games								
	No Jewelry								
Goal Kick	15 ft Line	15 ft Line	Goalie Box	Goalie Box	6 Yards Box	6 Yards Box	6 Yards Box	6 Yards Box	6 Yards Box
Indirect Kicks	All Kicks Directs		YES	YES	YES	YES	YES	YES	YES
Direct Kicks	YES	YES	YES	YES	YES	YES	YES	YES	YES
Penalty Kicks	N/A	N/A	N/A	YES	YES	YES	YES	YES	YES
Free Kick Distance	6 Yards	6 Yards	6 Yards	6 Yards	10 Yards	10 Yards	10 Yards	10 Yards	10 Yards
Drop Ball	YES	YES	YES	YES	YES	YES	YES	YES	YES
Player Substitution when card is issued	N/A	N/A	N/A	N/A	Yes Yellow or Red	Yes Yellow or Red	Yes Yellow or Red	Yes Yellow or Red	Yes Yellow or Red
Yellow Card	N/A	N/A	N/A	N/A	Player must leave the field of play and may return in the next legal substitution				
Red Card	N/A	N/A	N/A	N/A	Player must leave the field of play for the remainder of game. Referee sends ID Cards to SSI				
Injured Player	Game Stopped - Player attended to and replaced if necessary								
Coaching Area	Allowed on the field		Opposite Side of visiting teams.						